



Quick
Psycho-
Affective
Symptoms
Scan

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Quick Facts on QPASS

-The Quick Psycho-Affective Symptoms Scan

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Description: A self-report measure of the severity of depression, anxiety, anger over a given week, and related clinical constructs. Consists of 105 items self-rated on a 5-point Likert scale ranging from 0 ("Not at All") to 4 ("Extremely").

Scales:

Depression-Scan (26 items), **Anxiety-Scan** (29 items), **Anger-Scan** (28 items)

Global Psychopathology Index (sum of all 105 items) measures overall severity of distress.

Five (5) clinical scales: Psychoticism (6 items), Obsessive Compulsivity (5 items), Phobic Avoidance (4 items), Suicide Risk (3 items) & Violence Risk (4 items).

Fourteen (14) subscales for in-depth investigation of depression, anxiety, and anger

Red Flag Section collects data on 22 additional psychiatric symptoms (e.g., alcohol abuse, substance abuse, overeating, gambling, spending, etc).

Time Required to Administer: About 10 minutes.

Appropriate populations: Designed for English readers with at least 6th grade reading level.

Norms: Scoring system is based on statistical analysis of scores in a clinical sample (495 mental health outpatients) and a non-clinical sample (71 college students) of adults, ages 18 & over. Hence, QPASS should be used judiciously with adolescent patients (aged 13 and older).

Uses: Outpatient mental health settings, medical settings, university counseling centers, crisis intervention, scientific research, triage and screening large populations in the aftermath of community traumas such as terrorist attacks and natural disasters.

Scoring: Hand-scored in 2-5 minutes using reproducible, self-explanatory hand-scoring forms that classify scores on a 4-point range from normal to severe.

Examiner qualifications: Purchasers must have a graduate degree in psychology or related field and have a course in testing and measurement in order to offer detailed interpretation of test results on all scales. Non-professionals may administer, hand-score, and offer basic interpretations Depression-Scan, Anxiety-Scan, and Anger-Scan under purchaser's supervision.

Development: The initial pool of 167 items was drawn from an extensive review of psychometric and research literature on depression, anxiety, and anger. A series of statistical analyses on item response data collected from a development sample of 386 outpatients produced the 105-item QPASS.

Reliability: High internal consistency was found for the NA scales (alpha range = .94-.95) and the other scales (range = .79-.85) in sample of 386 mental health outpatients; in 27 outpatients, 7-day test-retest coefficients for all scales ranged between .74-.86.

Validity: Each QPASS scale successfully discriminated between a clinical (N=109) and non-clinical (N=71) sample. Manual reports the following concurrent validity coefficients in sample of 82 outpatients:

.83 (Correlation between Depression-Scan & Beck Depression Inventory II)

.80 (Correlation between Anxiety-Scan & Beck Anxiety Inventory)

.63 (Correlation between Anger-Scan & STAXI State Scale)

.90 (Correlation between Global Psychopathology Index and SCL-90 Global Severity Index)

.69-.81 (Correlations between the Phobic Avoidance, Obsessive-Compulsivity, & Psychoticism scales and their SCL-90 counterparts)

Materials: Record forms & professional manual with reproducible hand-scoring forms can be ordered at QPASSlive.com or Heartland Publishing, 5589 Guilford Road, Rockford, IL 61107. Phone 1-800-887-1273.